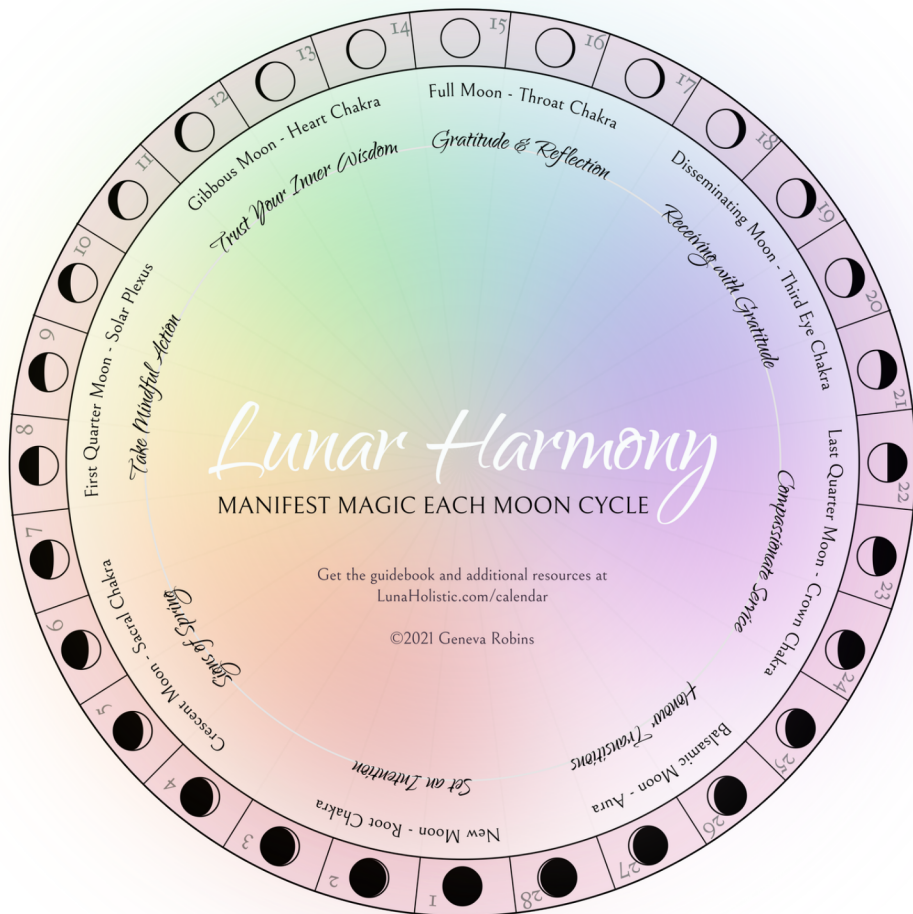


The background features a marbled paper design with organic, flowing patterns in shades of teal, light blue, and dark blue. The marbling is accented with thin, irregular lines of gold leaf and scattered gold specks. The overall aesthetic is elegant and ethereal.

Lunar Harmony Planner

OCT 12 TO NOV 13, 2023



12

4

27-28



Thursday, OCTOBER 12, 2023

Moon Day Energy - Crown , Aura
Balsamic Moon - Aura
Honour Transitions

Lunar Harmony Invitation: Use your wisdom and reflect with compassion on the small details today. Allow great healing to be fulfilled as important phases of growth are coming to completion today. Stay steadily in the light of your dreams.

Series of horizontal lines for writing or reflection.

Mind:



Body:



Spirit:



Daily Intention - Affirmation

OCTOBER 2023



13

28-29

2



Friday, OCTOBER 13, 2023

Moon Day Energy - Aura, Root Chakra
Balsamic Moon - Aura
Honour Transitions

Lunar Harmony Invitation: Stay in balance today through a combination of humility, grounding, and self love. Tend to your space in your home and freshen things up with some Reiki or smudge. Complete all necessary things, but avoid making new plans.

Mind:



Body:



Spirit:



Daily Intention - Affirmation

OCTOBER 2023



14

29-30-1

2

1



Saturday, OCTOBER 14, 2023

New Moon in Libra - Annular Solar Eclipse

Moon Day Energy - Root, Aura, Third Eye

New Moon - Root Chakra

Set an Intention

Lunar Harmony Invitation: This is a special day. One made for bringing light to the shadow and completing major healing work. Big Changes are possible with this Lunar cycle so be willing to set a big intention that aligns with your Deep Wise Soul.

Mind:



Body:



Spirit:



Daily Intention - Affirmation

OCTOBER 2023

15

1-2

2



Sunday, OCTOBER 15, 2023

Moon Day Energy - Third Eye, Sacral
New Moon - Root Chakra
Set an Intention

Lunar Harmony Invitation: A creative and sensitive energy is present today. Follow this finely-tuned guidance and plan out your next few weeks leading up to the Full Moon on October 28th. Ride the wave of blessings that flow from the intention setting.

Lined writing area for journaling or notes.

Mind:



Body:



Spirit:



Daily Intention - Affirmation

OCTOBER 2023

Calendar grid for October 2023 showing days of the week, moon phases, and astrological symbols.

16

2-3

5



Monday, OCTOBER 16, 2023

Moon Day Energy - Sacral, Solar Plexus
New Moon - Root Chakra
Set an Intention

Lunar Harmony Invitation: Concentrate your energy through grounding in nature today.
There is a forward momentum that will help you align with your goals.
Catch the wave and generosity of the Universe and hang on.

Lined writing area for notes or intentions.

Mind:



Body:



Spirit:



Daily Intention - Affirmation

OCTOBER 2023

Calendar grid for October 2023 with astrological symbols and dates.

17

3-4

3



Tuesday, OCTOBER 17, 2023

Moon Day Energy - Solar Plexus, Root
Crescent Moon - Sacral Chakra
Signs of Spring

Lunar Harmony Invitation: Things are already flowing for you. Notice the blessings on top of blessings today, particularly in your spiritual life. Be gentle with yourself and others and spend the time you need in restful prayer and reflection.

Mind:



Body:



Spirit:



Daily Intention - Affirmation

OCTOBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6
7	8	9	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30
31					

© 2023 The Moon and Sun. All rights reserved. This calendar is for personal use only. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording, or by any information storage and retrieval system, without the prior written permission of The Moon and Sun.

Legend: ☀️ Sun ☽ Waxing Crescent ☾ Waxing Gibbous 🌑 New Moon 🌒 First Quarter 🌓 Full Moon 🌔 Last Quarter 🌕 Blue Moon

18

45

5



Wednesday, OCTOBER 18, 2023

Moon Day Energy - Root, Third Eye
Crescent Moon - Sacral Chakra
Signs of Spring

Lunar Harmony Invitation: Your words hit their mark today. Mindfulness is a powerful addition to your self-care that helps your creative work flourish.
Show up to the tasks of the day with good humour and light.

Lined writing area for journaling or notes.

Mind:



Body:



Spirit:



Daily Intention - Affirmation

OCTOBER 2023

Calendar grid for October 2023 showing dates, moon phases, and astrological signs.

19

5-6

5



Thursday, OCTOBER 19, 2023

Moon Day Energy - Third Eye, Heart
Crescent Moon - Sacral Chakra
Signs of Spring

Lunar Harmony Invitation: Reiki, meditation, and breathwork help you so much today.
There is a positive and energizing quality that brings harmony and order to your service to
the greater good. Look up; things are looking up.

Mind:



Body:



Spirit:



Daily Intention - Affirmation

OCTOBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6
7	8	9	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30
31					

© 2023 The Chakra Project. All rights reserved. For more information, visit www.thechakraproject.com. All trademarks are the property of their respective owners.

20

6-7



Friday, OCTOBER 20, 2023

Moon Day Energy - Heart, Throat
Crescent Moon - Sacral Chakra
Signs of Spring

Lunar Harmony Invitation: Your words are especially creative today. Stay focused on the flow of good that you are making in the world. Just keep showing up to the task of the moment and notice the beauty that returns.

Multiple horizontal lines for writing.

Mind:



Body:



Spirit:



Daily Intention - Affirmation

OCTOBER 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

© 2023 The Moon Phase Calendar. All rights reserved. For more information, visit www.moonphasecalendar.com. This calendar is for informational purposes only and does not constitute an offer of any financial product or service. Please consult your financial advisor for more information.

21

7-8

3



Saturday, OCTOBER 21, 2023

Moon Day Energy - Throat, Heart
 First Quarter Moon - Solar Plexus Chakra
 Take Mindful Action

Lunar Harmony Invitation: Take courageous baby steps like a little goat climbing that great mountain. Each movement forward is still forward. Trust that your wisdom and knowledge of the terrain is leading you to the right place.

Mind:



Body:



Spirit:



Daily Intention - Affirmation

OCTOBER 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

© Copyright 2023 by The Moon. All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, without the prior written permission of the publisher.

24

10-11

3



Tuesday, OCTOBER 24, 2023

Moon Day Energy - Sacral, Aura
Gibbous Moon - Heart Chakra
Trust Your Inner Wisdom

Lunar Harmony Invitation: Your deeper and mystical awareness guide you through important new plans today. Trust that inner wisdom to bring clear awareness of the best path toward your lunar intention this cycle.

Lined writing area for journaling or notes.

Mind:



Body:



Spirit:



Daily Intention - Affirmation

OCTOBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6
7	8	9	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30
31					

☀️ Sun ☁️ Cloud ☂️ Rain 🌧️ Snow ❄️ Wind 🌪️ Storm 🌩️ Fog 🌫️ Haze 🌫️ Aurora 🌈 Moon 🌑 New Moon 🌒 Waxing Crescent 🌓 First Quarter 🌔 Waxing Gibbous 🌕 Full Moon 🌖 Waning Gibbous 🌗 Last Quarter 🌘 Waning Crescent 🌙 New Moon

25

11-12

4



Wednesday, OCTOBER 25, 2023

Moon Day Energy - Aura, Heart
Gibbous Moon - Heart Chakra
Trust Your Inner Wisdom

Lunar Harmony Invitation: The most powerful lunar day, trust your intuition to bring you the most beautiful results. Finish what you begin today and leave the rest for tomorrow.

You know what your soul wants, allow it to lead the way.

Lined writing area for journaling or notes.

Mind:



Body:



Spirit:



Daily Intention - Affirmation

OCTOBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6
7	8	9	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30
31					

☀️ Sun ☁️ Cloud ☂️ Rain 🌧️ Snow ❄️ Wind 🌪️ Storm 🌩️ Fog 🌫️ Haze 🌫️ Aurora 🌈 Moon 🌑 New Moon 🌒 Waxing Crescent 🌓 First Quarter 🌔 Waxing Gibbous 🌕 Full Moon 🌖 Waning Gibbous 🌗 Last Quarter 🌘 Waning Crescent 🌙 New Moon

27

13-14

5



Friday, OCTOBER 27, 2023

Moon Day Energy - Solar Plexus, Throat
Gibbous Moon - Heart Chakra
Trust Your Inner Wisdom

Lunar Harmony Invitation: It's a perfect day to learn and clear your energy. Lean into the wisdom of the heart to help new information to lead your brave steps. Solutions flow to you now so stay open to wisdom from all avenues.

Series of horizontal lines for writing or reflection.

Mind:



Body:



Spirit:



Daily Intention - Affirmation

OCTOBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6
7	8	9	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30
31					

© 2023 The Moon and Sun. All rights reserved. This calendar is for personal use only. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording, or by any information storage and retrieval system, without the prior written permission of The Moon and Sun.

Legend: ☀ New Moon ☽ Waxing Crescent ☾ First Quarter ☿ Full Moon ☽ Gibbous Moon ☽ Last Quarter ☽ Blue Moon

28

14-15

1



Saturday, OCTOBER 28, 2023

Full Moon in Taurus - Partial Lunar Eclipse

Moon Day Energy - Throat, Aura

Full Moon - Throat Chakra

Gratitude and Reflection

Lunar Harmony Invitation: Enjoy all your successes today, from the tiny to the large. Notice the empowering boost to your words, and your clear statements are heard and answered by the Universe. Amend any parts of the plan now as you will steadily flow to fulfillment now.

Mind:



Body:



Spirit:



Daily Intention - Affirmation

OCTOBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6
7	8	9	10	11	12
13	14	15	16	17	18
19	20	21	22	23	24
25	26	27	28	29	30
31					

© 2023 by The Moon and the Stars. All rights reserved. This calendar is for personal use only. No part of this publication may be reproduced, stored in a retrieval system, or transmitted, in any form or by any means, electronic, mechanical, photocopying, recording, or by any information storage and retrieval system, without the prior written permission of the publisher.

29

15-16

2



Sunday, OCTOBER 29, 2023

Moon Day Energy - Aura, Heart
Full Moon Phase - Throat Chakra
Gratitude and Reflection

Lunar Harmony Invitation: Lots of energy today, so let it all rest. You may want to charge ahead, but let the energy fill you up completely first. Meditate and be still. Let all of the good gather and go slow and steady.

Multiple horizontal lines for writing notes or reflections.

Mind:



Body:



Spirit:



Daily Intention - Affirmation

OCTOBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

© 2023 The Moon Phase Calendar. All rights reserved. This calendar is for personal use only. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, or by any information storage and retrieval system, without the prior written permission of the publisher.

30

16-17

2



Monday, OCTOBER 30, 2023

Moon Day Energy - Heart, Solar Plexus
Full Moon Phase - Throat Chakra
Gratitude and Reflection

Lunar Harmony Invitation: Harmony and balance flow easily today. It's a beautiful day to gather with kind and loving companions. Let things be light-hearted today, you've done a lot of amazing work so far. Let yourself enjoy it.

Handwriting practice lines consisting of multiple horizontal lines.

Mind:



Body:



Spirit:



Daily Intention - Affirmation

OCTOBER 2023

Calendar for October 2023 showing days of the week, dates, and moon phases. Includes a legend for moon phases and a note about the calendar's accuracy.

31

17-18

3



Tuesday, OCTOBER 31, 2023

Halloween

Moon Day Energy - Solar Plexus , Heart

Full Moon Phase - Throat Chakra

Gratitude and Reflection

Lunar Harmony Invitation: Celebrate the joyous today. Let the Divine Power flow through you and light up your dreams with clarity and purpose. Notice the power of gratitude and kind words to create miracles today.

Series of horizontal lines for writing.

Mind:



Body:



Spirit:



Daily Intention - Affirmation

OCTOBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Legend: ☀️ Sun ☁️ Cloud ☔ Storm ☁️ Fog ☁️ Mist ☁️ Haze ☁️ Rain ☁️ Snow ☁️ Wind ☁️ Thunder ☁️ Lightning ☁️ Hail ☁️ Ice ☁️ Fog ☁️ Mist ☁️ Haze ☁️ Rain ☁️ Snow ☁️ Wind ☁️ Thunder ☁️ Lightning ☁️ Hail ☁️ Ice

2

19-20

5



Thursday, NOVEMBER 2, 2023

Moon Day Energy - Third Eye, Crown
Disseminating Moon - Third Eye Chakra
Receiving with Gratitude

Lunar Harmony Invitation: Use the power of your imagination today to bring your potential to the world. No push, no pull, just stay in the supportive and nurturing energy today.
A brilliant day to meditate and tap into your intuitive gifts.

Handwriting practice lines consisting of 15 horizontal lines.

Mind:



Body:



Spirit:



Daily Intention - Affirmation

NOVEMBER 2023

Calendar for November 2023 showing days of the week, dates, moon phases, and zodiac signs.

3

20-21



Friday, NOVEMBER 3, 2023

Moon Day Energy - Crown
Disseminating Moon - Third Eye Chakra
Receiving with Gratitude

Lunar Harmony Invitation: The energy of the day will flow to you all you need, especially concerning ideas that help nourish and protect your sensitive side. Stay present through mindfulness and meditation. This gives you clarity to reach your goals.

Handwriting practice lines consisting of 15 horizontal purple lines.

Mind:



Body:



Spirit:



Daily Intention - Affirmation

NOVEMBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5

NOVEMBER 2023 calendar grid showing days of the week, dates, and moon phases. Includes a legend for moon phases and zodiac signs at the bottom.

5

22-23

1



Sunday, NOVEMBER 5, 2023

Daylight Savings Time ends

Moon Day Energy - Throat

Last Quarter Moon - Crown Chakra

Compassionate Service

Lunar Harmony Invitation: Original solutions help to elevate your work to help others. Remain optimistic and appreciate the help you have along the way. Big problems need a big team and today you are renewed and clear in your soulful purpose.

Mind:



Body:



Spirit:



Daily Intention - Affirmation

NOVEMBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5

NOVEMBER 2023

Legend: ☀️ Sun ☁️ Cloud ☔ Storm ☄️ Comet ☄️ Meteor ☄️ Shower ☄️ Snow ☄️ Snowflake ☄️ Star ☄️ Starburst ☄️ Sun ☄️ Moon ☄️ Crescent Moon ☄️ Waxing Crescent Moon ☄️ First Quarter ☄️ Full Moon ☄️ Waning Gibbous ☄️ Last Quarter ☄️ New Moon

6

23



Monday, NOVEMBER 6, 2023

Moon Day Energy - Root
Last Quarter Moon - Crown Chakra
Compassionate Service

Lunar Harmony Invitation: Steady work on the details helps to bring the energy of your intention to earth today. Keep your work simple and start to finish things up as the lunar month starts to wind down. Dedicated service is made with tiny steps.

Lined writing area consisting of 15 horizontal purple lines.

Mind:



Body:



Spirit:



Daily Intention - Affirmation

NOVEMBER 2023

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 New Moon Aquarius 12°	2 Mercury Aquarius 13°	3 Moon Aquarius 14°	4 Jupiter Aquarius 15°	5 Venus Aquarius 16°	6 Saturn Aquarius 17°
7 Sun Pisces 18°	8 Mars Pisces 19°	9 Mercury Pisces 20°	10 Moon Pisces 21°	11 Jupiter Pisces 22°	12 Venus Pisces 23°
13 Saturn Pisces 24°	14 Sun Aries 25°	15 Mars Aries 26°	16 Mercury Aries 27°	17 Moon Aries 28°	18 Jupiter Aries 29°
19 Venus Aries 30°	20 Saturn Taurus 1°	21 Sun Taurus 2°	22 Mars Taurus 3°	23 Mercury Taurus 4°	24 Moon Taurus 5°
25 Jupiter Taurus 6°	26 Venus Taurus 7°	27 Saturn Taurus 8°	28 Sun Gemini 9°	29 Mars Gemini 10°	30 Mercury Gemini 11°
31 Moon Gemini 12°					

© 2023 The Moon Phase Company. All rights reserved. This calendar is for informational purposes only. It is not intended to be used as a medical or financial instrument. The Moon Phase Company is not responsible for any loss or damage resulting from the use of this calendar.

Legend: ☾ New Moon ☽ Full Moon ☉ Sun ☿ Mercury ♃ Mars ♀ Venus ♁ Saturn ♃ Jupiter ♃ Uranus ♃ Neptune ♃ Pluto ♃ Haumea ♃ Eris ☾ Waxing Gibbous ☽ Waning Gibbous ☾ Waxing Crescent ☽ Waning Crescent ☽ Last Quarter ☽ First Quarter ☽ Full Moon ☽ Waxing Crescent ☽ Waning Crescent ☽ Last Quarter ☽ First Quarter ☽ Full Moon

12

28-29

2



Sunday, NOVEMBER 12, 2023

Diwali

Moon Day Energy - Aura, Root Chakra

Balsamic Moon - Aura

Honouring Transitions

Lunar Harmony Invitation: A good day to stick close to home and rest. Complete the last few things that started last lunar cycle. Let go of the old to make way for the new. Honour all the beauty and light of the past cycle. Reflect on all the growth and change.

Lined writing area for notes or reflections.

Mind:



Body:



Spirit:



Daily Intention - Affirmation

NOVEMBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5

NOVEMBER 2023

Legend: ☀️ Sun ☁️ Cloud ☁️☁️ Fog ☁️☁️☁️ Rain ☁️☁️☁️☁️ Snow ☁️☁️☁️☁️☁️ Hail ☁️☁️☁️☁️☁️☁️ Thunderstorm ☁️☁️☁️☁️☁️☁️☁️ Hurricane

Legend: ☀️ Sun ☁️ Cloud ☁️☁️ Fog ☁️☁️☁️ Rain ☁️☁️☁️☁️ Snow ☁️☁️☁️☁️☁️☁️ Hail ☁️☁️☁️☁️☁️☁️☁️ Hurricane

